

The North Wall Workshops (Participation)

COVID-19 Safe Plan

Updated: Jul 2021

The health and wellbeing of our participants and staff is our first priority. Our friendly team will ensure everyone has a fantastic workshop whilst doing their best to effectively adhere to the most up-to-date health and safety guidelines.

Following advice from National Youth Agency ([NYA](#)), we've worked hard to ensure that our workshops meet the latest government guidelines and we continue to closely monitor any updates. Some of our plans may change as this guidance evolves.

What is COVID-19?

Coronaviruses are a large family of viruses with some causing less-severe disease, such as the common cold, and others causing more severe disease such as Middle East respiratory syndrome. COVID-19 is a new illness that can affect your lungs and airways. Symptoms can be mild, moderate, severe or fatal. According to current evidence, the COVID-19 virus is primarily transmitted between people through respiratory droplets and contact routes. Human-to-human transmission is occurring extensively, hence precautions to prevent human-to-human transmission are appropriate. Fever (high temperature), cough or chest tightness, anosmia (loss of the sense of smell), myalgia (muscle pain and stiffness), fatigue and dyspnoea (difficult or laboured breathing) are the main symptoms reported.

Our Control Measures

- Social distancing where appropriate.
- Face coverings worn indoors for over 11s when moving around the building.
- Capacity management (limited to 12 participants in workshop and two facilitators).
- Rigorous cleaning protocol.
- Hand sanitising stations.
- PPE (Personal Protective Equipment) available for staff and participants.
- Ventilation in Workshop Room.
- Provision of First Aid for Emergency Situations.

Before the workshop

- If your child is over the age of 11, we request that they take a Lateral Flow Test either the evening before or the morning of the first day of the workshop and three (3) days after that.

- If your child or anyone in your household feels unwell or has any of the main symptoms (cough, high temperature, loss of taste or smell), then please stay at home and rest and follow government advice.
- Please make sure that your child brings a bottle of water and a snack (no nuts). If the workshop runs over lunchtime, please bring a packed lunch.

When you arrive at The North Wall

- Drop off is five minutes before the workshop.
- When entering The North Wall, please sanitise your hands.
- When entering The North Wall, over 11's are encouraged to wear face masks.
- When entering The North Wall, we will take participants' temperatures.
- You will be directed to sign in, we will check that we have the correct contact details for you and the correct emergency contact details.

During the workshop

- The Studios have large doors, providing good ventilation.
- In our morning briefing, we will remind everyone to keep their hands washed/sanitised and to try not to touch their faces or each other.
- Before drinking/eating we will wash/sanitise our hands.
- Food sharing or swapping is not allowed (adults included!).
- If administering First Aid, adults are required to wear face masks and gloves which are then to be safely disposed of.

When you leave The North Wall

- Pick up is the end of workshop time stated at time of booking.
- When leaving The North Wall, please sanitise your hands.
- We strongly encourage adults to wear face masks inside the building.

If you have any questions, or wish to see the full COVID-19 Risk Assessment, please email Abie: waltona@thenorthwall.com