

'Not I' Pre-Show Information

Touretteshero is a creative organisation.

We are putting on a play with The North Wall.
The play is called 'Not I' by Samuel Beckett.

The performance will be about one hour long and will be integrated with BSL.

There are four parts to the performance. Here's what will happen in each part:

Part 1: Welcome

You will come into a room with a soft floor and strings of lights hanging above you.

You can stand, sit or lie down where you like.



Jess and Charmaine are the performers. They will describe themselves and explain what will happen in English and in British Sign Language (BSL).



Jess has Tourettes Syndrome. This means she makes movements and noises she can't control called tics.

Jess often tics the words 'biscuit', 'hedgehog' and 'cats'. Jess also bangs her chest.

Charmaine will interpret everything Jess says in BSL.

It is a Relaxed Performance, so you can make noise and move around as much as you want.

Sometimes Jess and Charmaine will describe what is happening for people who are blind or partially sighted.

There will be lights on the floor near the door. You can leave if you want to and come back in at any time.

Part 2: 'Not I'

When Jess is ready to perform 'Not I' everyone will be asked to shout 'I' together. The lights will turn off and it will go dark.

Jess will be lifted safely into the air in a metal lift.

She will turn on a light in her costume so you can see her mouth. There will be a light on Charmaine.



In the performance Jess will play a character called Mouth. Mouth tells the story of her life. Jess will talk very quickly.

Jess will laugh loudly twice and scream twice. There are some ear defenders in a box at the front of the stage to Jess's left. You can use these if it's too loud.

Part 3: Film

After the performance, there will be a short film about why we made the play.

The film is in English and has captions for D/deaf people.



Part 4: Audience Discussion

After the film Jess will ask you to talk to someone near you about the play.

Afterwards you can ask Jess and Charmaine questions about the play, about how they made it, or about Tourettes Syndrome.

If someone asks Charmaine a question she will answer in BSL first and then in English.

Next Jess will tell a story about herself and why she likes the play.

She will ask everyone to move around and make different noises together all at the same time. She will call this 'the splurge'.

You can join in as much as you want and you can use any language you like.

If you use a communication device you can get something ready for this part of the show.



After the splurge the lights will turn on. This is the end of the show. You can stay in the room and talk to other people or say hello to Jess and Charmaine.

You can leave whenever you're ready.

'Not I' Access Considerations

- All venues will be wheelchair accessible.
- All performances will be Relaxed Performances – you can make noise and move around. Babies are welcome too.
- You can choose where you sit, stand or lie down. You can go in and out of the show when you want.
- All shows have British Sign Language (BSL) interpretation.
- Ear defenders are available if it's too loud.
- Assistance dogs are welcome. If you have an allergy to dogs please let the venue know in advance.
- Please contact the venue if you have any additional access requirements.